

## CLAIMS

What is claimed is:

1           1.       A method of providing a garment fit to a target consumer group comprising  
2 the steps of:

3           determining common body types for the target consumer group;

4           establishing customized body measurement standards for each body type;

5           selecting at least one real fit model for each body type;

6           creating a sample garment in a range of sizes using grading rules;

7           checking each sample garment on a fit model selected for each size and body type;

8           preparing a block for each sample garment size and body type; and

9           using the block to provide a garment fit for a target consumer group.

1           2.       The method of claim 1, wherein determining common body types for a target  
2 consumer group includes research and quantitative and qualitative analysis of data about the  
3 target consumer group.

1           3.       The method of claim 2, wherein the database is the Textile Technology  
2 Corporation's Size USA data set.

1           4.       The method of claim 1, wherein body types are selected from the group  
2 consisting of average, curvy, straight, pear-shaped, round, slim, hourglass, and combinations  
3 thereof.

1           5.       The method of claim 1, wherein design preferences are determined for the  
2 target consumer group and used to prepare the sample garment.

1           6        The method of claim 1, wherein grading rules are selected from the group  
2 consisting of applied grading rules, preferred grading rules, and combinations thereof.

1           7.       The method of claim 1, wherein the block is created from slopers and used to  
2       prepare a starter pattern.

1           8.       The method of claim 1, wherein the target consumer group is selected from a  
2       group consisting of an age group, ethnic group, gender, and combinations thereof.

1           9.       The method of claim 1, wherein the sample garment is initially applied to a fit  
2       model of a specific size.

1           10.      The method of claim 9, wherein the specific size is the middle of the range of  
2       sizes.

1           11.      The method of claim 1, wherein a real fit model is used to check sample  
2       garment fit before the block is prepared.

1           12.      The method of claim 1, wherein grading rules are applied to the sample  
2       garment after adjusting the sample garment to the selected real fit model.

1           13.      The method of claim 1, wherein the method is for production of the garment  
2       at any scale.

1           14.      A system for preparing a custom fit garment comprising:

2           quantitative and qualitative data, including body point measurements about the target  
3       consumer group used to establish customized body measurement standards;

4           a sample garment created from the customized body measurements standards;

5           a first real fit model with body measurements that fall within the customized body  
6       measurement standards used to fit the sample garment;

7           one or more grading rules to create sample garments in a range of sizes for the target  
8       consumer group; and

9           a second fit model selected from the target consumer group and used to perfect the fit  
10       of the sample garment and prepare a custom fit garment.

1           15.     The system of claim 14, wherein quantitative and qualitative data comprise  
2 physical and preferential data about the target consumer group selected from the group  
3 consisting of an apparel-related database, market research, survey, questionnaire, interview,  
4 focus group, and combinations thereof.

1           16.     The system of claim 14, wherein the sample garment incorporates desired fit  
2 points and product attributes obtained from the target consumer group.

1           17.     The system of claim 14, wherein one or more grading rules are selected from  
2 the group consisting of applied grading rules and preferred grading rules.

1           18.     The system of claim 14, wherein a first real fit model for each size in the size  
2 range is used to fit the sample garment.

1           19.     The system of claim 14, wherein customized body measurement standards are  
2 adjusted fittings with the first real fit model.

1           20.     The system of claim 14, wherein the custom fit garment is used to establish  
2 slopers, blocks, and patterns for production of the custom fit garment.

1           21.     The system of claim 20, wherein the production is selected from the group  
2 consisting of small-scale, medium-scale, and large-scale.

1           22.     A method of providing a custom fit garment comprising the steps of:  
2           selecting a target group based on at least one criteria;  
3           conducting research about the target group to obtain data;  
4           identifying at least one body type from the data;  
5           providing size groupings for each body type;  
6           establishing customized body measurement standards for each size grouping;  
7           selecting a size in the middle of the size grouping to create a sample garment;  
8           checking fit of sample garment on a real fit model with body measurements that  
9           conform with the customized body measurement standards;  
10          applying grading rules to the sample garment to obtain sample garments for the entire  
11          size grouping;  
12          checking fit at selected sizes using a real fit model for each size; and  
13          creating a custom fit garment at each size and body type after fits are checked.

1           23.     The method of claim 22, wherein fit is checked using individuals from the  
2           target group.

1           24.     The method of claim 22, wherein the data is quantitative and qualitative.

1           25.     The method of claim 22, wherein grading rules are applied to two sizes above  
2           and below the middle size after which the fit is checked on a real fit model.

1           26.     The method of claim 20, wherein adjustment to the fit require that the  
2           customized body measurement standards be adjusted.

1           27.     Improved grading rules provided for a garment comprising:  
2     applied grading rules that grades the garment up and down from a selected size; and  
3           preferred grading rules, wherein fit of the garment is adjusted based on design and fit  
4     preferences obtained from one or more potential wearers of the garment.

1           28.     A real fit model provided for fitting a garment, wherein the real fit model has  
2     body measurements within customized body measurement standards established for a  
3     particular body type and size.

1           29.     An improved method of fitting a garment comprising the steps of:  
  
2           creating a first garment at a size that is in the middle of a size grouping for a  
3     particular body type;  
  
4           checking the fit of the first garment on a real fit model and making adjustments to the  
5     first garment where fit is unsatisfactory, wherein the real fit model has body measurements  
6     within customized body measurement standards for the particular body type and size;  
  
7           using applied grading rules to obtain new sizes above and below the first garment  
8     size;  
  
9           rechecking the fit of one or more new sizes on a real fit model and adjusting the fit  
10    when unsatisfactory; and  
  
11          adjusting the customized body measurement standards when fit is unsatisfactory.

1           30.     The system of claim 14, wherein the custom fit garment is perfected after  
2     fitting on one or more individuals selected from the target consumer group.